



# RIVER CITY CORRECTIONAL CENTER

## NEW 60 Day Intense CBI Program

### Criteria/Eligibility for 60 Day CBI Program

The client must meet one of the following to be eligible:

- Offender shall have completed a treatment program in the past 5 years;
- Offender has violated probation for original offense or for substance abuse issue;
- 1<sup>st</sup> or 2<sup>nd</sup> offense of F4, F5 in past 5 years; and/or
- 1<sup>st</sup> offense of F3.

### Clinical Procedures and Programming

#### *Assessments:*

Within the first 72 hours a resident arrives at River City, the

Case Manager will meet with the resident to administer the TCU, MAST, DAST, T4C. Based off the assessments the Case Manager will develop a treatment plan within the first 5 days the resident arrives at River City.

Residents will attend the Success Planning Module of Cognitive Behavioral Interventions.

Residents will attend Problem Solving component of Thinking For a Change.

Residents must attend four Advanced Practices Groups.

Attend 8 Advanced Role Play groups.

Individual Sessions.

***Successful Completion:***

A resident must complete a second TCU assessment and show improvement in problem areas on the second assessment.

All core programming groups must be completed by the resident. On the second T4C test a resident must score a 90% or better.