



RIVER CITY CORRECTIONAL CENTER

60 Day Intense CBI Program

I. Criteria/Eligibility for 60 Day CBI Program

The client must meet one of the following to be eligible.

- A) Offender shall have completed a treatment program in the past 5 years.
- B) Offender has violated Probation for original offense or for substance abuse issue..
- C) 1st or 2nd offense of F4, F5 in past 5 years.
- D) 1st offense of F3.

II. Clinical Procedures and Programming

A) Assessments

- 1) Within the first 72 hours a resident arrives at River City, the Case manager will meet with the resident to administer the TCU, MAST, DAST, T4C test the CBI **Substance Abuse** High-Risk Scoring Guide.
- 2) Based off the assessments the Case Manager will develop a treatment plan within the first 5 days the resident arrives at River City.
- 3) In-Program Behavior Assessment 30 days in the program.

B) Programming

- 1) Residents will attend the Success Planning Module of Cognitive Behavioral Interventions.
- 2) Residents will attend Problem Solving component of Thinking for a Change

- 3) Residents must attend four Advanced Practices Groups from the University of Cincinnati Corrections Institute Advanced Practice Curriculum. The groups will include the following sessions:
Session Three: Cognitive Restructuring
Session Four: Emotion Regulation
Session Five: Social Skills
Session Six: Problem Solving
- 4) Attend 8 Advanced Role Play groups.

C) Individual Sessions

- 1) Results from the CBI High Risk Situation Scoring Guide will drive the direction of the individual sessions. In addition, the TCU and ORAS will be addressed on Case Plans and will also be included in the individual session.

Example: If the high risk scoring guide identifies Thinking as a problem area that leads to lapses for a resident, individual sessions will then focus on the Cognitive Restructuring Module of CBI and portions of Thinking For a Change).

- 2) Individual Sessions will follow the following format:
 - a) Check-In
 - b) Homework/Treatment Plan review
 - c) Skill/Training Development
 - d) Assign Homework/Treatment work
- 3) Case Managers will meet with Moderate Risk residents once a week for half hour sessions.
- 4) Case managers will meet with High-Risk residents twice a week for half hour sessions.
- 5) The second TCU assessment, T4C test and In-Program Behavior Assessment will be completed between 50-55 days the resident is at River City Correctional Center.

For questions please contact Executive Director Scott McVey 513-946-6868 or Intake Supervisor Jeannine Williams 513-946-6803